

08th November 2017

18th Safar 1439 AH

CBE / PR / 12/ 2017

ABC PARENTAL WORKSHOP TRAINING

The Counselling Department of the Al Muntazir Schools conducted the parental workshop 'The ABC of Bonding with your Child' on 4th Nov 2017.

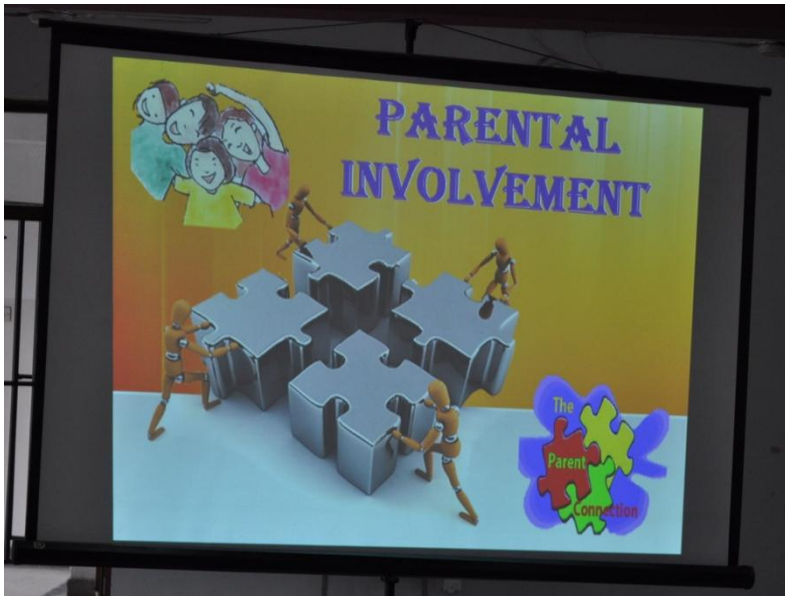
This session was aimed at discussing the different areas in which the counsellors can help a student: **Academics, Behavior and Careers**, as well as for them to understand their role in these three areas of their children's lives. The session was facilitated by the three school counsellors Mrs. Sakina Dharsee. Mrs. Garima Rao and Mrs. Theresia Aloyce.

The session was attended by a large number of parents from across the Al Muntazir schools and was opened with an interactive and entertaining ice breaker activity.

The Counselors then talked about the importance of parental involvement and its impact on a child's social and behavioral development. Particular emphasis was put on the impact of language used and the reward systems used with children. This was followed by a brief talk from the CEO of Al Muntazir schools Mr. Mahmood Ladak about how to approach for any kind of help required related to the students, including the active counselling department's availability in all the schools.

The next session was conducted around study habits and career planning. Where the facilitator explained the importance of parental involvement from the very beginning of the school years of the child resulting in better future outcomes. Thereafter, parents were given the opportunity to discuss various case studies covering the areas of ABC.

The aim of this session was to allow parents to come together and share their thoughts and experiences with the larger group. After these presentations, the parents participated in another relaxation activity i.e. guided imagery to help refresh and de - stress them followed by Jungian Personality.



Our Counsellor's presenting to the Parents





CEO, Mr Ladak Explaining the Parents the importance of the session



Some of the parents, doing the activities organised by the counsellors

